

## GLL #4 - 7/27/2016

St. Thomas  
Results**Women 80 Meter Hurdles Bantam**

Name	Team	Seed	Prelims	Wind
<b>Preliminaries</b>				
1 Vellinga, Kyra	ST Thomas Legion Track Club	14.24	14.29 q	-2.2
2 Desousa, Tayah	ST Thomas Legion Track Club	14.52	14.87 q	-2.2
3 Deluca, Abby	London Western T.F.C.	13.00	16.70 q	-2.2
4 Luna, Jadyne	London Western T.F.C.	11.70	16.99 q	-2.2

**Women 80 Meter Hurdles Bantam**

Name	Team	Prelims	Finals	Wind
<b>Finals</b>				
1 Desousa, Tayah	ST Thomas Legion Track Club	14.87	14.75	+0.0
2 Vellinga, Kyra	ST Thomas Legion Track Club	14.29	15.22	+0.0
3 Luna, Jadyne	London Western T.F.C.	16.99	16.88	+0.0
4 Deluca, Abby	London Western T.F.C.	16.70	16.89	+0.0

**Women Shot Put Bantam**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Debruyne, Rachel	Brantford T.F.C.	9.29m	9.12m
2 Windle, Alexa	Brantford T.F.C.	8.66m	8.96m
3 Desjardins, Haleigh	London Western T.F.C.		7.49m
4 Mukeshimana, Angely	London Western T.F.C.	5.57m	5.62m
5 Weller, Amy	London Western T.F.C.	8.93m	4.87m

**Women Discus Throw Bantam**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Debruyne, Rachel	Brantford T.F.C.	10.00m	19.37m
2 Desjardins, Haleigh	London Western T.F.C.		18.44m

**Women Hammer Throw Bantam**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Takacs, Amelia (amy)	Woodstock Legion Athletic Club		15.20m

**Women Javelin Throw Bantam**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Reid, Hailey	Monte Cristo Track Club	24.00m	25.14m
2 Debruyne, Rachel	Brantford T.F.C.	10.00m	17.03m

**Women 300 Meter Dash Midget**

Name	Team	Seed	Finals	H#
<b>Finals</b>				
1 Kelly, Jerriah	Border City AC	41.50	43.70	1
2 Vrolyk, Breann	Sundown Athletics Club	43.80	43.72	1
3 Bullock, Madelyn	Woodstock Legion Athletic Club	44.59	45.10	1
4 Klosa, Elizabeth	Laurel Creek Track & Field Clu	46.11	45.86	2
5 Stoecker, Claire	Sundown Athletics Club	45.20	46.70	1
6 Sladek, Clarissa	London Legion Track & Field AL	44.44	47.60	1
7 Neilsen, Olivia	ST Thomas Legion Track Club	45.26	49.65	1
8 McKee, Taylor	Sundown Athletics Club	47.35	50.22	2

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## Finals ... (Women 300 Meter Dash Midget)

Name	Team	Seed	Finals	H#
9 Weller, Amy	London Western T.F.C.	50.00	1:01.48	2
10 Magoffin, Jaime	Woodstock Legion Athletic Club	46.93	1:07.47	2

## Women 1200 Meter Run Midget

Name	Team	Seed	Finals
<b>Finals</b>			
1 Sladek, Clarissa	London Legion Track & Field AL		4:16.98
2 Neilsen, Olivia	ST Thomas Legion Track Club	4:24.00	4:31.40
3 Watkinson-Tyre, Sydnee	Woodstock Legion Athletic Club	4:12.00	5:06.23

## Women 80 Meter Hurdles Midget

Name	Team	Seed	Prelims	Wind
<b>Preliminaries</b>				
1 Smyth, Kenzie	ST Thomas Legion Track Club	14.17	14.56 q	-2.4

## Women 80 Meter Hurdles Midget

Name	Team	Prelims	Finals	Wind
<b>Finals</b>				
1 Smyth, Kenzie	ST Thomas Legion Track Club	14.56	14.46	+0.0

## Women Shot Put Midget

Name	Team	Seed	Finals
<b>Finals</b>			
1 Stephens, Alison	London Western T.F.C.	11.17m	10.67m
2 Fischer, Samantha	Saugeen Track & Field Club	9.86m	9.79m
3 O'Connor, Audrey	U Windsor Athletic Club	10.65m	9.54m
4 Deng, Ayack	U Windsor Athletic Club	9.06m	8.85m
5 Imola, Sophia	Brantford T.F.C.	10.00m	7.92m
6 Knox, Holly	London Western T.F.C.	6.00m	6.79m
7 Kitching, Leah	London Western T.F.C.	8.00m	5.58m

## Women Discus Throw Midget

Name	Team	Seed	Finals
<b>Finals</b>			
1 Windle, Alexa	Brantford T.F.C.	29.69m	29.93m
2 Stephens, Alison	London Western T.F.C.	31.23m	26.51m
3 Deng, Ayack	U Windsor Athletic Club	23.35m	23.16m
4 Fischer, Samantha	Saugeen Track & Field Club	18.50m	15.06m

## Women Hammer Throw Midget

Name	Team	Seed	Finals
<b>Finals</b>			
1 Windle, Alexa	Brantford T.F.C.	35.51m	32.02m
2 O'Connor, Audrey	U Windsor Athletic Club		31.46m
3 Stephens, Alison	London Western T.F.C.	20.00m	22.10m

## Women Javelin Throw Midget

Name	Team	Seed	Finals
<b>Finals</b>			
1 Kelly, Laura	London Western T.F.C.	30.00m	33.48m
2 Tramble, Megan	London Western T.F.C.	30.80m	27.25m
3 McKee, Taylar	Sundown Athletics Club	21.50m	21.95m

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## Finals ... (Women Javelin Throw Midget)

Name	Team	Seed	Finals
4 Imola, Sophia	Brantford T.F.C.	10.00m	20.43m
5 Stoecker, Claire	Sundown Athletics Club	17.00m	18.81m
6 Fischer, Samantha	Saugeen Track & Field Club	17.00m	14.96m
7 Stephens, Alison	London Western T.F.C.	20.00m	14.90m

## Women 100 Meter Hurdles Youth

Name	Team	Seed	Prelims	Wind
<b>Preliminaries</b>				
1 Dunn, Megan	London Western T.F.C.	15.19	15.93 q	-2.1
2 Magoffin, Katy	Woodstock Legion Athletic Club		16.85 q	-2.1
3 Hotson, Esmee	Guelph Track & Field Club	15.67	17.39 q	-2.1

## Women 100 Meter Hurdles Youth

Name	Team	Prelims	Finals	Wind
<b>Finals</b>				
1 Dunn, Megan	London Western T.F.C.	15.93	15.64	-0.7
2 Hotson, Esmee	Guelph Track & Field Club	17.39	17.31	-0.7

## Women Shot Put Youth

Name	Team	Seed	Finals
<b>Finals</b>			
1 Gubbels, Natasha	London Western T.F.C.	11.96m	12.52m
2 Campbell, Rachel	London Western T.F.C.	11.72m	11.45m
2 Cherewka, Kailee	Brantford T.F.C.	12.01m	11.45m
4 Heroux, Destinee	U Windsor Athletic Club	11.86m	11.38m
5 Abraham, Lydia	U Windsor Athletic Club		11.30m
6 Mullen, Mackenzie	Sarnia Athletics Southwest T.F.	10.60m	10.72m
7 Smith, Hunter	London Western T.F.C.	10.74m	9.98m

## Women Discus Throw Youth

Name	Team	Seed	Finals
<b>Finals</b>			
1 Campbell, Rachel	London Western T.F.C.	38.23m	36.97m
2 Cherewka, Kailee	Brantford T.F.C.	31.97m	32.08m
3 St. John, Adele	London Western T.F.C.	34.06m	32.00m
4 Heroux, Destinee	U Windsor Athletic Club	31.61m	28.86m
5 Mullen, Mackenzie	Sarnia Athletics Southwest T.F.	33.00m	28.82m
6 Deng, Aleitte	U Windsor Athletic Club	27.11m	25.93m
7 Gubbels, Natasha	London Western T.F.C.	25.00m	24.95m

## Women Hammer Throw Youth

Name	Team	Seed	Finals
<b>Finals</b>			
1 Mullen, Mackenzie	Sarnia Athletics Southwest T.F.	43.50m	45.83m
2 Cherewka, Kailee	Brantford T.F.C.	32.00m	38.43m
3 St. John, Adele	London Western T.F.C.	31.45m	37.05m
4 Gubbels, Natasha	London Western T.F.C.	38.48m	36.95m
5 Smith, Hunter	London Western T.F.C.	34.93m	36.63m
6 Campbell, Rachel	London Western T.F.C.	25.00m	31.14m

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Results**Women Javelin Throw Youth**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Mueller, Marissa	Sarnia Athletics Southwest T.F	42.00m	45.49m
2 Dunn, Megan	London Western T.F.C.	34.10m	31.71m
3 Gubbels, Natasha	London Western T.F.C.	23.00m	23.31m
4 St. John, Adele	London Western T.F.C.	27.00m	21.07m
5 Campbell, Rachel	London Western T.F.C.	20.00m	14.63m
--- Deng, Aleitte	U Windsor Athletic Club	1.00m	FOUL

**Women Shot Put Junior**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Desjardins, Morgan	London Western T.F.C.	12.46m	11.30m
2 Chouinard, Rebecca	London Western T.F.C.	11.00m	9.73m

**Women Discus Throw Junior**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Buck, Sam	South Simcoe Dufferin T.F.C		41.09m
2 Boley, Molly	Saugeen Track & Field Club	40.43m	40.87m
3 Desjardins, Morgan	London Western T.F.C.	39.53m	38.90m
4 Chouinard, Rebecca	London Western T.F.C.	35.00m	34.01m
--- Kearnan-Leitch, Alyson	London Western T.F.C.	32.00m	FOUL

**Women Hammer Throw Junior**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Laroche, Savannah	Hamilton Olympic Club	51.42m	51.24m
2 Chouinard, Rebecca	London Western T.F.C.	48.00m	46.83m
3 Buck, Sam	South Simcoe Dufferin T.F.C	46.00m	46.07m
4 Diebold, Hannah	Saugeen Track & Field Club	43.33m	42.08m
5 Kearnan-Leitch, Alyson	London Western T.F.C.	32.00m	30.79m
6 Desjardins, Morgan	London Western T.F.C.	25.00m	25.45m

**Women Javelin Throw Junior**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Desjardins, Morgan	London Western T.F.C.	20.00m	25.13m
2 Chouinard, Rebecca	London Western T.F.C.		16.70m
3 Kearnan-Leitch, Alyson	London Western T.F.C.	20.00m	16.53m

**Women Shot Put Senior**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Miklos Den Iseger, Joanne	London Pacers	6.56m	6.44m

**Women Hammer Throw Senior**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Bohn, Lauren	U Windsor Athletic Club	50.51m	51.40m

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## Women 200 Meter Dash Open

Name	Team	Seed	Finals	Wind	H#
<b>Finals</b>					
1 Hurst, Jasmine	Border City AC	25.50	26.25	-1.2	1
2 Saboni, Pantea	ST Thomas Legion Track Club	26.14	27.03	-1.2	1
3 Lamothe, Alexia	Ottawa Lions T.F.C.	26.26	27.32	-1.2	1
4 Hotson, Esmee	Guelph Track & Field Club	27.97	27.40	-1.4	3
5 Vrolyk, Breann	Sundown Athletics Club	27.07	27.42	-4.0	2
6 Kent, Cassidy	ST Thomas Legion Track Club	26.86	28.00	-4.0	2
7 Abran, Sabrina	London Western T.F.C.	25.80	28.01	-1.2	1
8 Mitchell, Leandra	Brantford T.F.C.	27.11	28.10	-4.0	2
9 Nyhoff, Jaidyn	Border City AC	27:17.00	28.31	-1.7	5
10 Walls, Breah	Border City AC	27.57	28.39	-4.0	2
11 Bullock, Madelyn	Woodstock Legion Athletic Club	25.50	28.88	-1.2	1
12 Klosa, Elizabeth	Laurel Creek Track & Field Clu	27.88	29.01	-4.0	2
13 Smyth, Kenzie	ST Thomas Legion Track Club	28.34	29.24	-1.4	3
14 Allen, Mia	Brantford T.F.C.	29.48	29.38	-1.1	4
15 Wilson-Walker, Madison	London Western T.F.C.	28.00	30.01	-1.4	3
16 Desousa, Tayah	ST Thomas Legion Track Club	29.80	30.47	-1.1	4
17 Cronk, Savanna	ST Thomas Legion Track Club	28.70	30.98	-1.4	3
18 Luna, Jadyne	London Western T.F.C.	30.00	31.28	-1.1	4
19 Empringham, Grace	Woodstock Legion Athletic Club	28.00	31.85	-1.4	3
20 Abran, Katty	London Western T.F.C.	42.00	43.54	-1.7	5

## Women 400 Meter Dash Open

Name	Team	Seed	Finals	H#
<b>Finals</b>				
1 Bechard, Krystalann	Border City AC	1:00.00	57.81	1
2 Kennedy, Madison	Laurel Creek Track & Field Clu	57.10	1:00.08	1
3 Vellinga, Kyra	ST Thomas Legion Track Club	1:04.00	1:03.47	1
4 Empringham, Grace	Woodstock Legion Athletic Club	1:16.00	1:11.80	2

## Women 1500 Meter Run Open

Name	Team	Seed	Finals
<b>Finals</b>			
1 Brar, Jasmina	Durham Dragons Athletics	4:50.00	5:10.44
2 Marcil, Jalen	London Legion Track & Field AL	5:26.75	5:29.60
3 Bonk, Skyler	London Legion Track & Field AL	5:15.00	5:30.70

## Women 2000 Meter Run Open

Name	Team	Seed	Finals
<b>Finals</b>			
1 Watkinson-Tyre, Sydnee	Woodstock Legion Athletic Club	6:58.20	7:58.21

## Women 100 Meter Hurdles Open

Name	Team	Seed	Prelims	Wind
<b>Preliminaries</b>				
1 Hurst, Jasmine	Border City AC	14.89	15.64 q	-1.8
2 Saboni, Pantea	ST Thomas Legion Track Club	15.57	16.24 q	-1.8

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Results**Women 100 Meter Hurdles Open**

Name	Team	Prelims	Finals	Wind
<b>Finals</b>				
1 Hurst, Jasmine	Border City AC	15.64	15.20	-0.2
2 Saboni, Pantea	ST Thomas Legion Track Club	16.24	15.96	-0.2

**Women High Jump Open**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Branderhorst, Emily	Saugeen Track & Field Club	1.65m	1.65m
1 Alton, Arabella	ST Thomas Legion Track Club	1.73m	1.65m
3 Smith, Emily	Laurel Creek Track & Field Clu		1.55m
3 Francis, Reena	London Western T.F.C.	1.61m	1.55m
5 Cronk, Savanna	ST Thomas Legion Track Club	1.50m	1.45m
5 Smyth, Kenzie	ST Thomas Legion Track Club	1.47m	1.45m
5 Walker, Olivia	London Western T.F.C.		1.45m
8 Takacs, Amelia (amy)	Woodstock Legion Athletic Club	1.35m	1.40m
8 Van Oirschot, Mia	Unattached	1.35m	1.40m

**Women Triple Jump Open**

Name	Team	Seed	Finals	Wind
<b>Finals</b>				
1 Spadzinski, Jacquelyn	Niagara Regional Athletics	11.50m	11.05m	3.2
2 Magoffin, Katy	Woodstock Legion Athletic Club	10.65m	10.70m	1.8
3 Kim, Sequoia	Speed River Track & Field Club	10.62m	10.58m	2.2
4 Cox, Miranda	London Western T.F.C.	10.20m	10.15m	1.0
5 Biersteker, Kayla	Brantford T.F.C.	10.88m	10.11m	3.2
6 Emery, Cassie	Brantford T.F.C.	10.10m	10.06m	1.7
7 Ferrier, Aleesha	Saugeen Track & Field Club	9.67m	10.05m	0.5
8 Mirotta, Elizabeth	Speed River Track & Field Club	9.50m	9.73m	1.9
9 Siemens, Emily	Brantford T.F.C.	9.30m	9.31m	2.0
10 Luna, Jady	London Western T.F.C.		8.04m	1.3

**Women Shot Put Open**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Moller, Sydney	Woodstock Legion Athletic Club	8.56m	9.18m
2 Kearnan-Leitch, Alyson	London Western T.F.C.	8.00m	8.46m

**Women Discus Throw Open**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Moller, Sydney	Woodstock Legion Athletic Club	26.20m	25.96m

**Women Hammer Throw Open**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Moller, Sydney	Woodstock Legion Athletic Club	16.75m	17.38m

**Men Shot Put Bantam**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Stanat, Arthur	ST Thomas Legion Track Club	11.65m	11.67m

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Results**Finals ... (Men Shot Put Bantam)**

Name	Team	Seed	Finals
2 Linington, Josh	Brantford T.F.C.	9.00m	9.10m

**Men Discus Throw Bantam**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Stanat, Arthur	ST Thomas Legion Track Club	32.00m	31.90m
2 Linington, Josh	Brantford T.F.C.		19.50m

**Men Javelin Throw Bantam**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Stanat, Arthur	ST Thomas Legion Track Club	35.80m	32.87m

**Men 300 Meter Dash Midget**

Name	Team	Seed	Finals	H#
<b>Finals</b>				
1 Pugsley, Michael	Sarnia Athletics Southwest T.F	38.50	39.10	1
2 Ager, Jakob	Woodstock Legion Athletic Club	40.30	39.81	1
3 Russell, Thomas	London Legion Track & Field AL	40.64	40.43	1
4 Dubois, Benjamin	Woodstock Legion Athletic Club	40.26	41.71	1
5 Rand, Rylan	London Western T.F.C.	41.54	42.67	2
6 Heggie, Kurtis	Woodstock Legion Athletic Club	41.00	44.08	2

**Men 1200 Meter Run Midget**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Brown, Michael	Windsor Legion Track & Field C	3:37.00	3:45.36
2 Corlett, Thomas	Woodstock Legion Athletic Club	4:21.10	3:58.30
3 Weller, Jack	London Western T.F.C.	5:00.00	4:41.42

**Men 100 Meter Hurdles Midget**

Name	Team	Seed	Prelims	Wind
<b>Preliminaries</b>				
1 Ager, Jakob	Woodstock Legion Athletic Club	14.46	15.12 q	-3.0
2 Timm, Caleb	Laurel Creek Track & Field Clu	15.25	15.48 q	-3.0

**Men Shot Put Midget**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Greidanus, Matt	Unattached	1.00m	8.13m

**Men Discus Throw Midget**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Walsh, Connor	Brantford T.F.C.	39.45m	39.40m
2 Cookson, Chase	Unattached - Ontario	44.00m	33.07m
3 Greidanus, Matt	Unattached	1.00m	23.40m

**Men Hammer Throw Midget**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Greidanus, Matt	Unattached	1.00m	28.42m

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Results**Men Javelin Throw Midget**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Jacklin, Ryan	Saugeen Track & Field Club	45.71m	48.36m
2 Cookson, Chase	Unattached - Ontario	42.00m	39.87m
3 Greidanus, Matt	Unattached	1.00m	36.44m

**Men 110 Meter Hurdles Youth**

Name	Team	Seed	Prelims	Wind	H#
<b>Preliminaries</b>					
1 Mairs, Tyrell	London Western T.F.C.	14.50	15.58 q	-2.4	1
2 Smyth, Tanner	ST Thomas Legion Track Club	15.54	15.90 q	+0.0	2
3 Clark, Liam	ST Thomas Legion Track Club	15.75	15.98 q	+0.0	2
4 Mathers, Josh	London Western T.F.C.	16.44	17.13 q	+0.0	2
5 Bell, Hayden	ST Thomas Legion Track Club	15.89	17.34 q	-2.4	1
6 McLeod, Austin	London Western T.F.C.	16.51	17.43 q	+0.0	2
7 Medeiros, Jackson	ST Thomas Legion Track Club	17.93	18.23 q	-2.4	1
7 Veroude, Matt	London Western T.F.C.	17.00	18.23 q	-2.4	1
--- Van Der Ploeg, Rienk	Sundown Athletics Club	16.02	DQ	-2.4	1

**Men 110 Meter Hurdles Youth**

Name	Team	Prelims	Finals	Wind
<b>Finals</b>				
1 Mairs, Tyrell	London Western T.F.C.	15.58	14.95	-2.0
2 Clark, Liam	ST Thomas Legion Track Club	15.98	15.48	-2.0
3 Bell, Hayden	ST Thomas Legion Track Club	17.34	16.23	-2.0
4 McLeod, Austin	London Western T.F.C.	17.43	16.36	-2.0
5 Mathers, Josh	London Western T.F.C.	17.13	16.71	-2.0
6 Medeiros, Jackson	ST Thomas Legion Track Club	18.23	17.90	-2.0
7 Veroude, Matt	London Western T.F.C.	18.23	18.15	-2.0

**Men Shot Put Youth**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Webb, Zion	Sarnia Athletics Southwest T.F	15.50m	14.16m
2 Vanos, Johnny	Sarnia Athletics Southwest T.F	14.50m	13.35m
3 Belkwell, Cole	Brantford T.F.C.	15.31m	12.56m
4 Kearnan-Leitch, Kristopher	London Western T.F.C.	10.00m	9.99m
--- Atkinson, Anthony	London Western T.F.C.	15.48m	FOUL

**Men Discus Throw Youth**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Vanos, Johnny	Sarnia Athletics Southwest T.F	49.00m	45.91m
2 Elliott, Tony	Saugeen Track & Field Club	48.91m	44.43m
3 Belkwell, Cole	Brantford T.F.C.	48.63m	43.60m
4 Atkinson, Anthony	London Western T.F.C.	44.73m	41.53m
5 Webb, Zion	Sarnia Athletics Southwest T.F	44.30m	39.48m
6 Kearnan-Leitch, Kristopher	London Western T.F.C.	32.00m	35.03m



**GLL #4 - 7/27/2016****St. Thomas  
Results****Men Hammer Throw Youth**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Elliott, Tony	Saugeen Track & Field Club	56.99m	55.76m
2 Belkwell, Cole	Brantford T.F.C.	56.01m	51.93m
3 Atkinson, Anthony	London Western T.F.C.	47.88m	42.85m
4 Vanos, Johnny	Sarnia Athletics Southwest T.F	45.00m	41.80m
5 Webb, Zion	Sarnia Athletics Southwest T.F	40.00m	40.18m
6 Kearnan-Leitch, Kristopher	London Western T.F.C.	32.00m	35.91m

**Men Javelin Throw Youth**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Medeiros, Jackson	ST Thomas Legion Track Club	34.00m	37.85m
2 Vanos, Johnny	Sarnia Athletics Southwest T.F	45.00m	26.11m
3 Bell, Hayden	ST Thomas Legion Track Club	32.00m	25.95m
4 Kearnan-Leitch, Kristopher	London Western T.F.C.	20.00m	23.23m

**Men Shot Put Junior**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Bujnowski, Mark	London Western T.F.C.	16.00m	16.14m
2 Gebhardt, Aaron	Saugeen Track & Field Club	13.70m	13.22m
3 Axford, Brenton	London Western T.F.C.	13.00m	12.81m
4 Nadeau, Nicolas	Brantford T.F.C.	10.00m	10.45m

**Men Discus Throw Junior**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Bujnowski, Mark	London Western T.F.C.	50.00m	49.27m
2 Rapp, Aleks	London Western T.F.C.	1.00m	32.48m
3 Axford, Brenton	London Western T.F.C.	30.00m	30.82m
4 Nadeau, Nicolas	Brantford T.F.C.	35.00m	28.02m

**Men Hammer Throw Junior**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Rolph, Noah	U Windsor Athletic Club	59.66m	58.12m
2 Bujnowski, Mark	London Western T.F.C.		48.51m
3 Axford, Brenton	London Western T.F.C.	25.00m	27.28m

**Men Javelin Throw Junior**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Bujnowski, Mark	London Western T.F.C.	30.00m	46.44m
2 Simon, Christopher	South Simcoe Dufferin T.F.C	45.00m	38.07m
3 Walsh, Carter	Brantford T.F.C.	35.00m	35.08m
4 Cameron, Stewart	London Western T.F.C.	1.00m	32.44m
5 Nadeau, Nicolas	Brantford T.F.C.	35.00m	29.60m
6 Axford, Brenton	London Western T.F.C.	20.00m	29.45m

## GLL #4 - 7/27/2016

St. Thomas  
Results**Men 110 Meter Hurdles Senior**

Name	Team	Seed	Prelims	Wind
<b>Preliminaries</b>				
1 Butcher, Locky	London Western T.F.C.	15.10	15.41 q	-2.7
2 Emode, Mark	Speed River Track & Field Club	15.65	16.19 q	-2.7

**Men 110 Meter Hurdles Senior**

Name	Team	Prelims	Finals	Wind
<b>Finals</b>				
1 Butcher, Locky	London Western T.F.C.	15.41	15.14	-1.7
2 Emode, Mark	Speed River Track & Field Club	16.19	16.03	-1.7

**Men Shot Put Senior**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Pawliw, Eli	York University Track & Field	16.94m	16.74m
2 Martin, Andrew	London Western T.F.C.	15.00m	14.77m
3 Josie, Mackenzie	London Western T.F.C.	14.00m	14.00m
4 Cameron, Stuart	London Western T.F.C.	15.00m	13.88m
5 Easton, Henry	London Western T.F.C.	14.00m	13.29m
6 Paisley, Michael	London Western T.F.C.	13.00m	11.84m
--- Tim-Gallagher, Hendry	London Western T.F.C.		FOUL
--- Rapp, Aleks	London Western T.F.C.	15.00m	FOUL

**Men Discus Throw Senior**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Josie, Mackenzie	London Western T.F.C.	48.00m	44.44m
2 Cameron, Stuart	London Western T.F.C.	35.00m	39.49m
3 Easton, Henry	London Western T.F.C.	30.00m	31.60m
4 Paisley, Michael	London Western T.F.C.	30.00m	20.43m
--- Strybosch, Kevin	London Western T.F.C.	48.00m	FOUL

**Men Hammer Throw Senior**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Rapp, Aleks	London Western T.F.C.	50.00m	48.72m
2 Easton, Henry	London Western T.F.C.	30.00m	36.06m
3 Paisley, Michael	London Western T.F.C.	25.00m	24.99m

**Men Javelin Throw Senior**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Warner, Damian	London Western T.F.C.	64.00m	57.69m
2 Paisley, Michael	London Western T.F.C.	47.00m	42.92m
3 Easton, Henry	London Western T.F.C.	20.00m	19.57m

**Men 200 Meter Dash Open**

Name	Team	Seed	Finals	Wind	H#
<b>Finals</b>					
1 Yassin, Mohamed	Waterloo Track Club	21.57	22.40	-1.9	1
2 O'Brien, Daniel	London Legion Track & Field AL	22.55	23.20	-1.9	1
3 Ferth, Shane	Unattached	22.40	23.26	-1.9	1

**GLL #4 - 7/27/2016****St. Thomas  
Results****Finals ... (Men 200 Meter Dash Open)**

Name	Team	Seed	Finals	Wind	H#
4 Pugsley, Michael	Sarnia Athletics Southwest T.F	23.85	23.53	-1.8	2
5 Mathers, Josh	London Western T.F.C.	23.75	23.58	-1.8	2
6 Livingston, Adrian	London Western T.F.C.	22.93	23.78	-1.9	1
7 Hafiz-Zadeh, Adnan	Brantford T.F.C.	22.91	23.99	-1.9	1
8 McLeod, Austin	London Western T.F.C.	23.80	24.16	-1.8	2
9 Clark, Liam	ST Thomas Legion Track Club	24.00	24.78	-1.8	2
10 O'Brien, Noah	Unattached - Ontario	23.55	24.87	-1.9	1
11 Wiles, Jared	London Western T.F.C.	24.50	24.95	-2.4	3
12 Ager, Jakob	Woodstock Legion Athletic Club	26.09	24.96	-1.6	4
13 Chapple, Nathan	Sarnia Athletics Southwest T.F	24.50	25.37	-2.4	3
14 Russell, Thomas	London Legion Track & Field AL	24.99	25.60	-2.4	3
15 Dubois, Benjamin	Woodstock Legion Athletic Club	25.00	26.69	-1.6	4
16 Smith, David	Brantford T.F.C.	23.87	26.89	-1.8	2
17 Roth, Michael	ST Thomas Legion Track Club	28.42	26.91	-0.9	5
18 Mitchell, Jack	London Western T.F.C.	28.00	29.83	-0.9	5
19 Georgijev, Ethan	ST Thomas Legion Track Club	28.00	37.14	-0.9	5

**Men 400 Meter Dash Open**

Name	Team	Seed	Finals	H#
<b>Finals</b>				
1 Jimenez, Elijah	Speed River Track & Field Club	53.58	53.46	2
2 Sportelli, Blaze	Border City AC	52.05	53.82	1
3 Williamson, Ryland	London Western T.F.C.	52.70	54.17	1
4 O'Brien, Noah	Unattached - Ontario	53.07	54.45	1
5 Hafiz-Zadeh, Adnan	Brantford T.F.C.	52.00	54.48	1
6 Van Der Ploeg, Rienk	Sundown Athletics Club	54.25	55.70	2
7 Wiles, Jared	London Western T.F.C.	53.00	55.98	1
8 Palmer, Jordan	ST Thomas Legion Track Club	55.11	56.33	2
9 McGinn, Gordon	Woodstock Legion Athletic Club	53.02	56.81	1
10 Chapple, Nathan	Sarnia Athletics Southwest T.F	55.50	58.62	2
11 Smith, David	Brantford T.F.C.	54.55	1:01.97	2
12 Baarda, Steve	London Pacers	1:09.97	1:08.85	3

**Men 1500 Meter Run Open**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Leatherdale, Owen	London Legion Track & Field AL	4:51.23	5:00.93
2 Canfield, Aaron	Woodstock Legion Athletic Club	5:07.00	5:07.14
3 Vogel, Nathan	London Western T.F.C.	5:30.00	5:35.11

**Men 2000 Meter Run Open**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Klanssen, Eric	London Legion Track & Field AL	6:06.00	5:59.75
2 Canfield, Aaron	Woodstock Legion Athletic Club	6:07.66	6:30.26
3 Canfield, Caleb	Woodstock Legion Athletic Club	6:26.66	6:40.57

**Men High Jump Open**

Name	Team	Seed	Finals
<b>Finals</b>			
1 O'Brien, Daniel	London Legion Track & Field AL	1.95m	1.88m

**GLL #4 - 7/27/2016****St. Thomas  
Results****Finals ... (Men High Jump Open)**

Name	Team	Seed	Finals
2 Salomons, Cody	London Western T.F.C.	1.85m	1.80m
2 Carere, Jack	Laurel Creek Track & Field Clu	1.90m	1.80m
4 Timm, Caleb	Laurel Creek Track & Field Clu	1.70m	1.70m
4 Campbell, Mason	London Western T.F.C.	1.80m	1.70m
4 Smith, Luke	London Western T.F.C.	1.75m	1.70m
4 De Geer, Evan	ST Thomas Legion Track Club	1.70m	1.70m
4 Bell, Hayden	ST Thomas Legion Track Club	1.80m	1.70m
4 Smyth, Tanner	ST Thomas Legion Track Club	1.75m	1.70m
10 Ballantyne, Matt	London Western T.F.C.	1.70m	1.65m
11 Medeiros, Jackson	ST Thomas Legion Track Club	1.60m	1.55m
12 Veroude, Matt	London Western T.F.C.	1.55m	1.50m
13 Augusto, Tyson	Laurel Creek Track & Field Clu	1.65m	1.45m

**Men Triple Jump Open**

Name	Team	Seed	Finals	Wind
<b>Finals</b>				
1 Bell, Joseph	London Western T.F.C.	12.00m	11.98m	1.8
2 Szekely, Joshua	Border City AC	12.06m	11.81m	1.3
3 O'Brien, Noah	Unattached - Ontario	12.22m	11.40m	1.1
4 Smith, Luke	London Western T.F.C.	10.60m	11.03m	1.4

**Men Shot Put Open**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Farrell, Josh	Saugeen Track & Field Club	14.05m	13.31m
2 Trudgeon, Ken	London Western T.F.C.		13.22m

**Men Discus Throw Open**

Name	Team	Seed	Finals
<b>Finals</b>			
1 Emode, Mark	Speed River Track & Field Club	35.00m	26.23m

**Men Javelin Throw Open**

Name	Team	Seed	Finals
<b>Finals</b>			
1 McGinn, Gordon	Woodstock Legion Athletic Club	56.20m	52.33m
2 Emode, Mark	Speed River Track & Field Club	45.00m	39.17m